HAJJ, UMRAH AND ZIYARAH

(BASED ON QUR'AN AND SUNNAH)

الحَعَّ والعُمْرة والزَّيَارة على ضَوء الكِتَاب والسُّنَّة

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PREFACE

Praise be to Allah the Exalted for enabling me to present this work and I invoke Allah's blessings and peace upon His Messenger (*). Hajj is one of the basic pillars of Islam. Comprehensive, direct and to the point books written in an easy manner are always required. The following targets were kept in mind while compiling this book.

- To be based on Qur'an and Sunnah (Authentic Hadeeth only)
- Islamic terminology should be used as much as possible.
- The book should be short, comprehensive and to the point and it should be of pocket size so that it may be easily carried by Hajies during performing their rites.
- 4. It should not only contain the correct procedure to perform *Hajj* rites but it should also contain other informations

which a *Haji* may need during his journey.

To what extent I am successful is left to the readers to judge. We believe that Islamic subjects may not be understood well without Islamic terminology just like scientific subjects may not be understood without scientific terminology.

As with our previous works, we have preferred retaining Islamic terminology as much as possible. In some cases, for clarity only, the Islamic terms have been retained with an English equivalent within brackets. For example the word Rabb can not be simply translated as Master. It implies Lord, Nourisher, Sustainer etc.

A portion of this book is a translation from the well-known book *Minhaj-ul-Muslim* by *Sheikh Abu Bakar Jaber* Al Jazairy, who is a teacher in Islamic

University Madinah-al-Munawwarah and a teacher at *Masjid Nabawi*. Saudi Radio also broadcasts his valuable lectures regularly.

The following chapters are from his book.

- 1. Hajj and Umrah.
- 2. How to perform Hajj and Umrah.

Hajj, Umrah and Ziyarah at a Glance is a translation of a paper which was written by the well-known scholar Sheikh Saleh al-Uthaimeen.

I thank all my friends who contributed in preparing this book at various stages. Proof reading was done by Aslam Farouk and Masud Alam Hilaly. Ahmad Abbas helped with part of translations from original Arabic. May Allah grant the best of rewards to all of them.

Readers are strongly encouraged to forward any suggestions and criticism to me to improve this book in future editions.

In conclusion, I humbly request that all readers remember me in their *Dua's* especially while performing *Hajj* and *Umrah* and during their journey for it.

Ateeq-ur-Rahman Kailani, 10th March 1996. P. O. Box 90712, Riyadh 11623. Tel & Fax 966-1-4036269

IMPORTANT TELEPHONE NUMBERS

Hajj Minister's Office	6655043	Pakistan	92
Governorate Makkah	5749582	Islamabad	9251
	6530000	Karachi	9221
Governorate Madina.	8260433	Lahore	9242
Hajj Ministry's office Makkal		Somalia	252
	5431230	Syria	963
Hajj administration offices	6470055	Taiwan	886
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	8263131	Ankara	9041
Complaint counter		Istanbul	901
Jeddah Airport	6858212	U. A. E.	971
Makkah complaint Panel	5423022	U. K.	44
Arafat complaint Panel	5562226	London	4431
Mina complaint Panel	5566305	U. S. A.	1
Jeddah Airport	6842000	New York	1212
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Egypt	20	Al Khobar	03
Alexandria	203	Al Jubail	
Cairo	202	Madinah	03
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Hyderabad	91	Services	
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Indonesia	91471	Emergency	0.14
Iran	62 98	Traffic Accidents	997 993
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Jordan			303
Kenya	962	Hospitals	
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Kuwait	965	Zahra Hospital (Makkah)	5442400
Lebanon	961	Ajyad Hospital (Makkah)	5730070
Libya	218	Noor Hospital (Makkah)	5583730
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New Zealand	64	Ajvad Hotel	5746446
Oman	968	Shabra Hotel (Makkah)	5721666
Philippines	63	Darussalam Hotel (Madinah)	8230930
Qatar	974	Al-Jazirah Hotel (Madinah)	8237025
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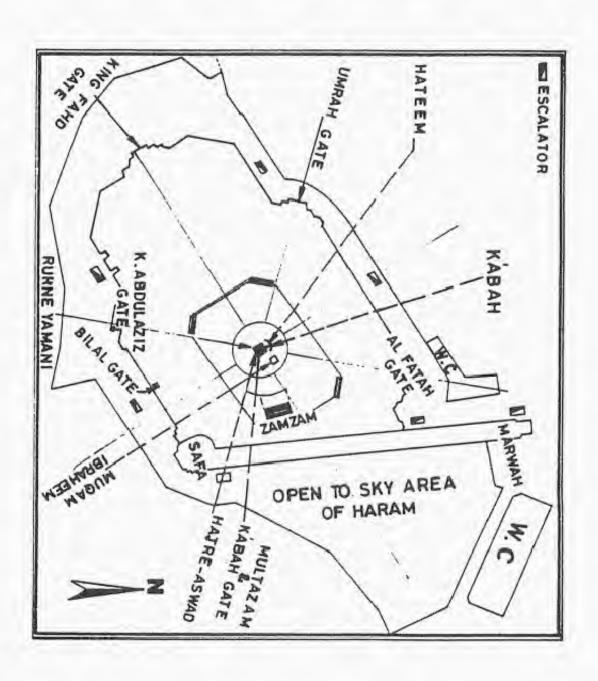
PERSONAL INFORMATION

Full Name
Father's Name
Passport/Iqama No:
Blood GroupGroup No:
Hajj Advisor
Incoming Flight No Date
Time Ticket No:
Outgoing Flight No:Date
Time Ticket No:
Contact in Makkah
Contact in Madina
Permanent Contact in Home Country

PERSONAL TELEPHONE NOS.

Name	Tel. No:	Name	Tel. No
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JAN	Fajr	Sun Rise	Zuhr	Asr	Maghrib	Isha
5	05:36	07:00	12:26	03:32	05:54	07:24
10	05:38	07:01	12:28	03:35	05:57	07:27
15	05:39	07:01	12:30	03:38	06:00	07:30
20	05:39	07:01	12:32	03:41	06:04	07:33
25	05:39	07:00	12:33	03:44	06:07	07:37
30	05:38	06:59	12:34	03:46	06:10	07:41
FEB	Fajr	Sun Rise	Zuhr	Asr	Maghrib	Isha
5	05:36	06:57	12:35	03:49	06:14	07:44
10	05:35	06:54	12:35	03:51	06:17	07:47
- 15	05:32	06:52	12:35	03:52	06:20	07:50
20	05:29	06:48	12:34	03:54	06:22	07:52
25	05:26	06:45	12:34	03:54	06:24	07:54
28	05:24	06:42	12:33	03:55	06:26	07:56
MAR	Fajr	Sun Rise	Zuhr	Asr	Maghrib	Isha
5	05:20	06:38	12:32	03:55	06:28	07:57
10	05:16	06:34	12:31	03:55	06:29	07:59
15	05:11	06:30	12:30	03:54	06:31	08:01
20	05:07	06:25	12:28	03:53	06:33	08:03
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30	04:56	06:15	12:25	03:50	06:36	08:06
APR	Fajr	Sun Rise	Zuhr	Asr	Maghrib	Isha
5	04:51	06:10	12:23	03:49	06:38	08:08
10	04:46	06:06	12:22	03:47	06:39	08:09
15	04:41	06:02	12:21	03:45	06:41	08:11
20	04:36	05:58	12:20	03:43	06:43	08:13
25	04:32	05:54	12.19	03:41	06:45	08:15
30	04:27	05:50	12:18	03:40	06:47	08:18
MAY	Fajr	Sun Rise	Zuhr	Asr	Maghrib	Isha
5	04:23	05:47	12:18	03:37	06:49	08:19
10	04:20	05:45	12:17	03:36	06:51	08:21
15	04:16	05:43	12:17	03:35	06:53	08:23
20	04:14	05:41	12:17	03:34	06:55	08:25
25	04:11	05:39	12:18	03:33	06:57	08:27
30	04:09	05:38	12:18	03:34	07:00	08:30
JUN	Fajr	Sun Rise	Zuhr	Asr	Maghrib	Isha
5	04:08	05:38	12:19	03;36	07:02	08:32
10	04:07	05:38	12:20	03:39	07:03	08:33
15	04:08	05:38	12:21	03:41	07:05	08:35
-20	04:08	05:39	17:22	03:42	07:06.	08:36
25	04:10	05:40	12:23	03:43	07:07	08:37
30	04:11	05:41	12:24	03:43	07:08	08:38

SALAH TIMES (MAKKAH)

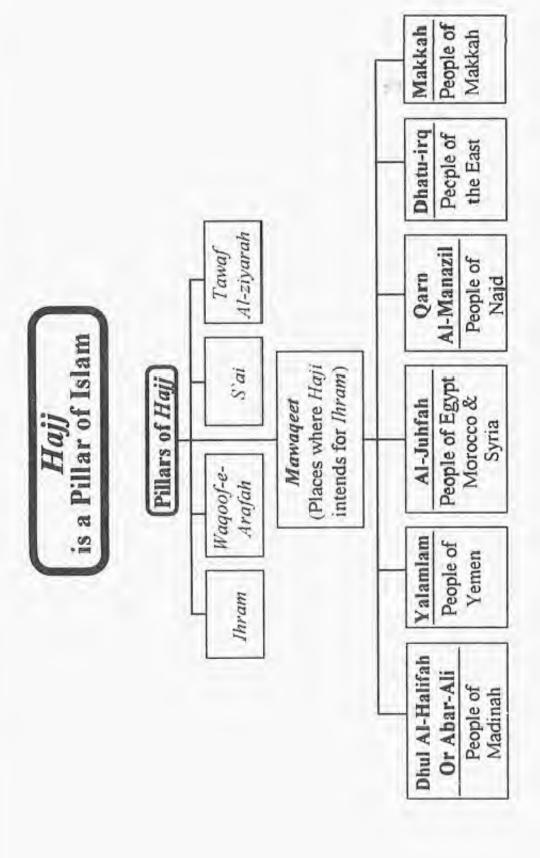
DIEDITE TIMES			The state of the s			
JUL	Fajr	Sun Rise	Zuhr	Asr	Maghrib	Isha
5	04:13	05:43	12:25	03:43	07:08	08:38
10	04:15	05:45	12:26	03:43	07:08	08:38
15	04:18	05:48	12:27	03:41	07:07	08:38
20	04:21	05:49	12:27	03:42	07:06	08:36
25	04:24	05:51	12:27	03:44	07:04	08:34
30	04:27	05:53	12:27	03:45	07:02	08:32
AUG	Fajr	Sun Rise	Zuhr	Ase	Maghrib	Isha
5	04:30	05:55	12:27	03:46	06:59	08:29
10	04:33	05:57	12:26	03:47	06:56	08:27
15	04:36	05:59	12:25	03:47	06:52	08:22
20	04:38	06:00	12:24	03:47	06:49	08:19
25	04:41	06:02	12:23	03:47	06:45	08:15
30	04:43	06:04	12:21	03:46	06:39	08:09
SEP	Fajr	Sun Rise	Zuhr	Asr	Maghrib	Isha
5	04:45	06:05	12:20	03:45	06:38	08:08
10	04:47	06:06	12:18	03:43	06:30	07:00
15	04:49	06:08	12:16	03:41	06:25	07:55
20	04:50	06:09	12:14	03:39	06:20	07:50
25	04:52	06:10	12:13	03:37	06:16	07:46
30	04:53	06:12	12:11	03:35	06:11	07:41
OCT	Fajr	Sun Rise	Zuhr	Asr	Maghrib	Isha
5	04:55	06:13	12:09	03:32	06:06	07:36
10	04:56	06:15	12:08	03:30	06:02	07:32
15	04:58	06:16	12:07	03:27	05:58	07:28
20	04:59	06:18	12:06	03:25	05:54	07:24
25	05:01	06:20	12:05	03:23	05:50	07:20
30	05:04	06:23	12:04	03:20	05:46	07:16
NOV	Fajr	Sun Rise	Zuhr	Asr	Maghrib	Isha
5	05:06	06:26	12:04	03:18	05-44	07:14
10	05:08	06:29	12:05	03:17	05:42	07:12
15	05:10	06:31	12:05	03:16	05:40	07:10
20	05:13	06:35	12:06	03:16	05:39	07:09
25	05:15	06:38	12:08	03:16	05:38	07:08
30	05:18	06:41	12:09	03:16	05:38	07:08
DEC	Fajr	Sun Rise	Zuhr	Asr	Maghrib	Isha
5	05:21	06:44	12:11	03:17	05:39	07:09
10	05:24	06:48	12:13	03:18	05:40	07:10
15	05:27	06:51	12:16	03:20	05:42	07:12
. 20	05,29	06:53	12:18	03:22	05:44	07:14
25	05:31	06:55	12:20	03:24	05:46	07:16
30	05:34	06:58	12:23	03:28	05:49	07:20

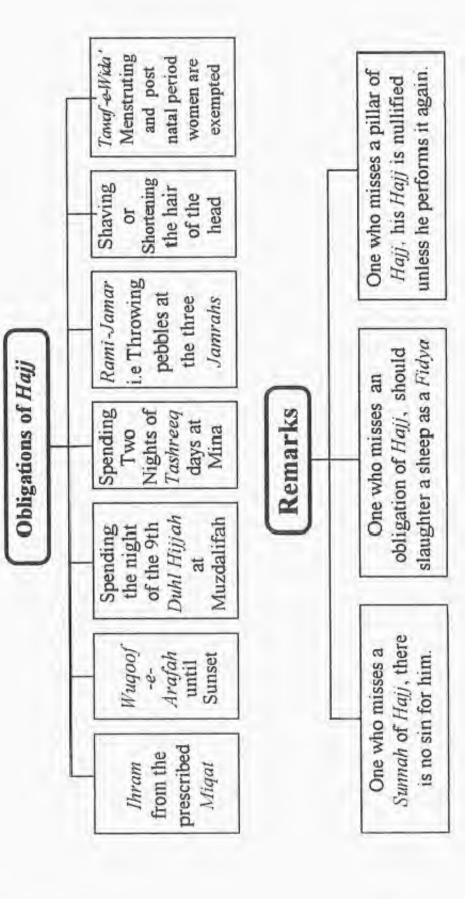
SALAH TIMES (MADINAH)

	V. 2211	NAME AND	VALLEY	IVIADIIVAIII			
JAN	Fajr	Sun Rise	Zuhr	Asr	Maghrib	Isha	
5	05:41	07:07	12:27	03:28	05:49	07:19	
10	05:42	07:07	12:29	03:31	05:52	07:22	
15	05:43	07:08	12:31	03:34	06:55	07:25	
20	05:43	07:07	12:33	03:37	06:59	07:29	
25	05:43	07:06	12:34	03:40	06:03	07:33	
30	05:41	07:05	12:35	03:44	06:07	07:37	
FEB	Fajr	Sun Rise	Zuhr	Asr	Maghrib	Isha	
5	05:40	07:02	12:36	03:47	06:11	07:41	
10	05:38	06:59	12:36	03:49	06:14	07:44	
15	05:35	06:56	12:36	03:51	06:17	07:47	
20	05:32	06:53	12:36	03:52	06:19	07:49	
25	05:29	06:49	12:35	03:54	06:24	07:54	
28	05:26	06:46	12:34	03:54	06:24	07:55	
MAR	Fajr	Sun Rise	Zuhr	Asr	Maghrib	Isha	
5	05;21	06:41	12:33	03:55	06:27	07:57	
10	05:16	06:36	12:32	03:56	06:29	07:59	
15	05:11	06:31	12:31	03:56	06:32	08:02	
20	05:06	06:26	12:29	03:55	06:34	08:04	
25	05:00	06:21	12:28	03:55	06:36	08:06	
30	04:55	06:16	12:26	03:54	06:38	08:08	
APR	Fajr	Sun Rise	Zuhr	Asr	Maghrib	Isha	
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10	04:43	06:05	12:23	03:52	06:42	08:12	
15	04:37	06:00	12:22	03:50	06:45	08:15	
20	04:32	05:56	12:21	03:49	06:47	08:17	
25	04:27	05:51	12:20	03:48	06:49	08:19	
30	04:22	05:48	12:19	03:46	06:51	08:21	
MAY	Fajr	Sun Rise	Zuhr	Asr	Maghrib	Isha	
5	04:17	05:44	12:18	03:45	06:54	08:24	
10	04:13	05:41	12:18	03:44	06:56	08:26	
15	04:09	05:39	12:18	03:43	06:59	08:29	
20	04:06	05:36	12:18	03:42	07:01	08:31	
25	04:03	05:35	12:18	03:42	07:04	08:34	
30	04:01	05:33	12:19	03:41	07:00	08:36	
JUN	Fajr	Sun Rise	Zuhr	Asr	Maghrib	Isha	
5	04:17	05:44	12:18	03:45	06:54	08:22	
10	04:13	05.41	12:18	03:44	06:56	08:24	
15	04:09	05:39	12:18	03:43	06:59	08:29	
20	04:06	05:36	12:18	03:42	07:01	08:31	
25	. 04:03	05:35	12:18	03:42	07:04	08:34	
. 30	04:01	05:33	12:19	03:41	07:06	08:36	

SALAH TIMES (MADINAH)

	-						
JUL.	Fajr	Sun Rise	Zuhr	Asr	Maghrib	Isha	
5	04:04	05:38	12:26	03:47	07:15	08:45	
10	04:07	.05:40	12:27	03:49	07:15	08:45	
15	04:10	05:42	12:27	03:50	07:14	08:44	
20	04:13	05:44	12:28	03:51	07:10	08:42	
25	04:16	05:47	12:28	03:52	07:10	08:40	
30	04:20	05;49	12:28	03:53	07:07	08:38	
AUG	Fajr	Sun Rise	Zuhr	Asr	Maghrib	Isha	
5	04:24	05:50	12:28	03:54	07:04	08:34	
10	04:27	05:54	12:27	03:54	07:01	08:31	
15	04:30	05:56	12:26	03:54	06:57	08:27	
20	04:33	05:58	12:25	03:53	06:53	08:23	
25	04:36	06:00	12:24	03:52	06:49	08:18	
30	04:40	06:02	12:22	03:51	06:42	08:12	
SEP	Fajr	Sun Rise	Zuhr	Asr	Maghrib	Isha	
5	04:42	06:04	12:20	03:49	06:37	08:07	
10	04:45	06:06	12:19	03:47	06:32	08:02	
15	04:48	06:08	12:17	03:44	06:27	07:57	
20	04:49	06:09	12:15	03:42	06:22	07:52	
25	04:51	06:11	12:13	03:39	06:16	07:46	
30	04:53	06:13	12:12	03:37	06:11	07:41	
OCT	Fajr	Sun Rise	Zuhr	Asr	Maghrib	Isha	
5	04:55	06:15	12:10	03:35	06:06	07:36	
10	04:57	06:17	12:09	03:30	06:01	07:31	
15	04:59	06:19	12:07	03:27	05:56	07:26	
20	05:01	06:22	12:06	03:24	05:52	07:22	
25	05:03	06:24	12:06	03:21	05:48	07:18	
30	05:06	06:27	12:05	03:19	05:44	07:14	
NOV	Fajr	Sun Rise	Zuhr	Asr	Maghrib	Isha	
5	05:09	06:31	12:05	03:16	05:41	07:11	
10	05:11	06:34	12:06	03:15	05:38	07:08	
15	05:14	06:37	12:06	03:13	05:36	07:06	
20	05:17	06:41	12:07	03:12	05:35	07:05	
25	05:20	06:44	12:09	03:12	05:34	07:04	
30	05:23	06:48	12:10	03:12	05:34	07:04	
DEC	Fajr	Sun Rise	Zuhr	Asr	Maghrib	Isha	
5	05:26	06:51	12:12	03:13	05:34	07:04	
10	05:29	06:54	12:14	03:14	05:35	07:05	
15	05:32	06:58	12:17	03:16	05:37	07:07	
20	05:34	07:00	12:19	03:18	05:39	07:09	
25	. 05:37	07:03	12:22	03:21	- 05:41	07:11	
	-	07:05	12:24	03:24	05:45	07:15	





There are Three ways to Perform Hajj

QIRAN

(Combined)

Hajj & Umrah is combined in such a way that Ihram is not removed after Umrah but it is removed after performing Hajj also.

The Messenger of Allah (*) performed Hajj Qiran because he brought Hadiya with him.

TAMATT'U

(Un Combined)

Entering the Ihram for Umrah during the months of Hajj (Shawwal, Dhul-Qa'dah and first 10 days of Dhul Hijjah) then removing Ihram after Umrah and entering into Ihram again for Hajj in the same year.

The Messenger of Allah (*) recommended Hajj Tamatt'u. especially for those who did not bring Hadiye with them.

(Single)

Entering into Ihram for Hajj only.

Hadiye is required

Hadiye must be brought from Miqat

Talbyah

Entering into the state of Ihram by uttering:

ليتك اللهم ليك حجا وغمرة

Only One Sa'i is required.

Hadiye is required.

If Hadiye is not brought from Migat than Tamatt'u should be performed.

Talbyah

Entering into the state of Ihram from Migat by uttering:

كيين المهم ليك غمرة

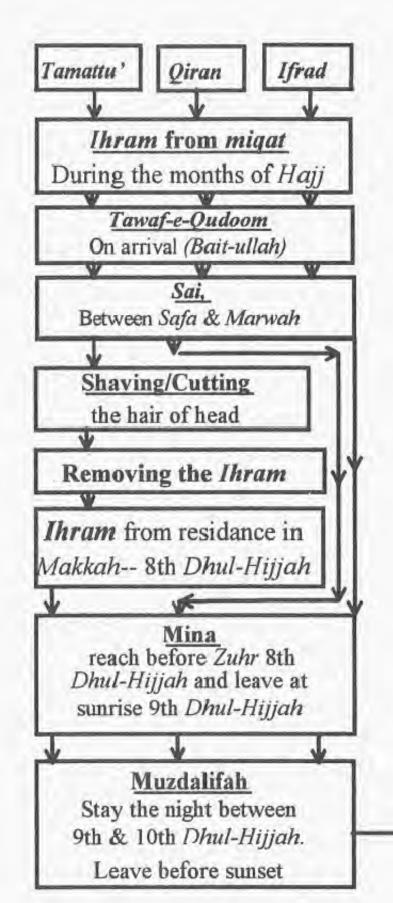
Two Sa'is are required, one for Umrah and another for Hajj.

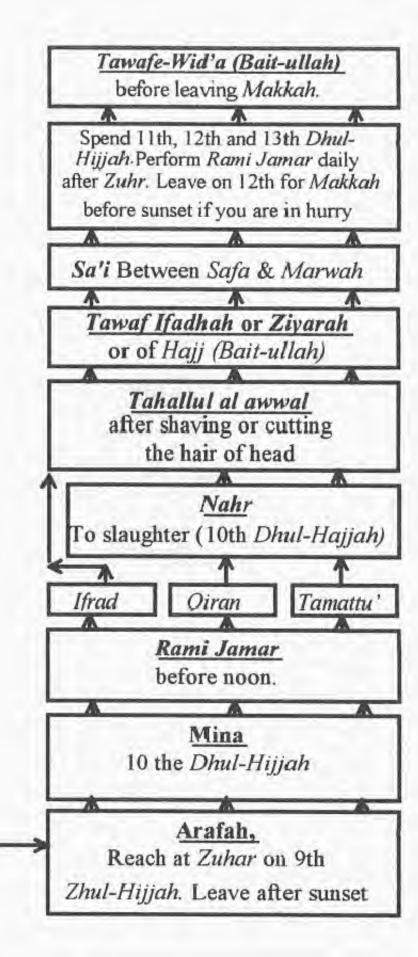
Hadiye (Sacrificial Animal) is not required.

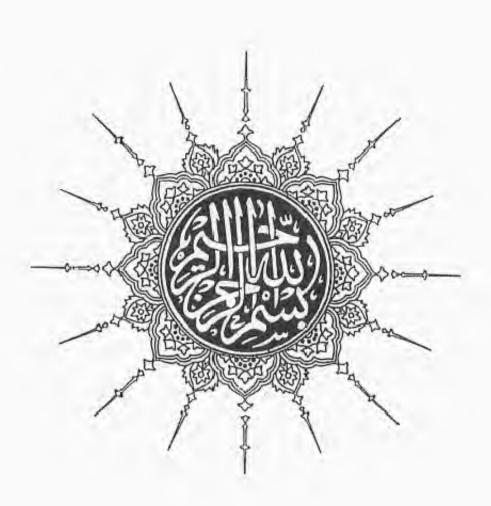
Talbyah
Entering into the state of Ihram by uttering

أيين المعمر ليبل حي

Only one Sa'i is required which is with Tawaf-e-Ifadha.







Preparation Before Performing Hajj

Hajj is the fifth pillar of Islam. It is obligatory only once in lifetime (for whom who possesses the means for it). Hajj also involves a lot of labour and struggle and the reward for this great act of Ibadah (worship) is also proportional to the magnitude of labour or struggle undergone to perform Hajj.

You must prepare yourself thoroughly before going for this Holy Journey.

 First of all purify your faith from Shirk (Associating with Allah) and deeds from Bida'h (Innovation). No deed is accepted by Allah, however noble it is, without such purification.

Allah the Exalted said:

"If you associate (with Allah), your deeds will be ruined and verily you will be among the losers."

(39:65)

Allah the Exalted further said:

"Verily Allah does not forgive him who associate others with Him and He forgives anyone whom He wills."

(4:48)

Allah the Exalted Said:

O believers "Obey Allah and obey the Messenger (3) and make not vain your deeds."

(47:33)

- Try to learn deeply about Shirk, Tawheed, Bida'h and Sunnah.
- Make sure that anything good in Islam is encouraged already and any thing bad is prohibited already.
- Purify your earnings. Only pure & lawful money should be used for Hajj & Umrah.

The Messenger of Allah (33) has said:

"Allah is pure and does not accept but pure only."1

^{1.} Muslim.

- Fulfill any obligations that you owe to others before your journey. Set aright any oppression or wrong doing you did in the past.
- Learn thoroughly the rites of Hajj and Umrah because knowledge is light which enables you to differentiate between right and wrong.
- Choose good companions for the Hajj journey because one's companions have great effect on one's conduct.
- As described before, Hajj is a long journey and it requires a lot of money as well as physical efforts. This bound to create irritation in ones behaviour at certain times. For this reason one must on guard and control himself from any misconduct.

Allah the Exalted said:

"So during Hajj there should not be obscenity, nor wickedness, nor wrangling."

(2:197)

Women must come along with their "Mahram" (a close relative with whom marriage is unlawful) If they have no Mahram, Hajj is not obligatory on them. The practice of taking a temporary Mahram is not advisable at all.

Again, as it is a long journey, at times, *Hajies* are likely to feel unwell & sick. So it is advised to keep some common medicines with every *Haji*.

May Allah help you and accept your efforts.



SOME HAJJ AND UMRAH TOUR OPERATORS

These information are provided for the benefit of One who intends to perform Hajj or Umrah. These operators are selected on random basis. We can not accept any responsibilities towards authenticity of these information.

- AL-MANAR FOR HAJJ & UMRAH, RIYADH. TEL. 4030820, 4082031
- AL-SAHIHAN FOR HAJJ & UMRAH, RIYADH.
 TEL. 4111771, 4118285, 4010431, 2314086
- AL-QARI EST. FOR HAJJ, RIYADH. TEL. 4038814, 4044087
- 4) AL-SHOKANI OFFICE, RIYADH. TEL. 4026364, 4038891, 4014741.

0----0

HAJJ AND UMRAH

Ruling on Hajj and Umrah

Hajj is obligatory on every capable Muslim.
Allah, the Most High says:

"Hajj to the House is a duty that mankind owes to Allah for those who can afford the journey."

(3:97)

The Messenger of Allah (said:

"Islam is built on five pillars:1

- a) To testify there is no god but Allah and that Muhammad (*) is Allah's Messenger.
- b) Establishment of Salah.
- c) Paying the Zakah.
- d) Performance of Hajj and

^{1.} Bukhari & Muslim.

e) Fasting in the month of Ramadan."1

Hajj is a duty to be performed once in ones lifetime. The Messenger of Allah (*) said:

"Hajj is to be performed once in lifetime and to perform more than one time is a supererogatory act."2

As for *Umrah*, it is an obligatory *Sunnah*. Allah the Most high says:

And complete Hajj and Umrah for Allah."

(2:196)

The Messenger of Allah (*) said to the one who told him that his father was too old to perform Hajj or Umrah or embarking on a journey:

"Perform Hajj and Umrah on behalf of your father."3

^{1.} Bukhari & Muslim.

^{2.} Abu Dawud, Ahmad and Hakim.

^{3.} Nassai.

Wisdom behind Hajj and Umrah

It is to purify the soul from sins in order to qualify for Allah's Mercy in the Hereafter. The Messenger of Allah (*) said:

"He who performs *Hajj* for Allah and does not behave in on obscene manner or acts unlawfully, will return sinless as in the day he was born."

Conditions for Hajj and Umrah

- 1. Islam.
- 2. Soundness of mind.
- 3. Puberty.
- 4. Capability: this includes provision and costs of the journey. Allah, the Most High said:

"Those who can afford the journey."

(3:97)

Therefore Hajj or Umrah is not obligatory on the indigent who does not possess adequate money to

^{1.} Bukhari & Muslim.

feed his children during his absence and to make the journey to Makkah. It is also not obligatory if the journey to Makkah exposes the *Haji*'s life to risk.

Virtues of Hajj and Umrah

Allah the Exalted Said:

"Hajj to the House is a duty that mankind owes to Allah, those who can afford the journey; but if anyone denies, Allah stands not in need of any of His creatures."

(3:97)

Hajj and Umrah are among the good deeds that Islam urges Muslims to perform. The Messenger of Allah (*) said:

"The best of deeds are:

- (a) To believe in Allah only.
- (b) To launch Jihad (in Allah's cause)

(c) The accepted Hajj."1

He also said:

"The reward of accepted Hajj is no less than Jannah (Paradise)."2

He also said:

"The Jihad for the old, young and women is the accepted Hajj"³

The Messenger of Allah (*) said:

"The time between *Umrah* and the other is expiated and the accepted *Hajj* has no reward except *Jannah* (Paradise)"4

Pillars of Hajj and Umrah

Hajj has four Pillars. They are: Ihram, Tawaf, Sa'i and Waqoof (standing) in Arafah. If a Haji fails to perform any one of these four pillars, his

^{1.} Ahmad.

^{2.} Ahmad.

^{3.} Nissai.

^{4.} Bukhari & Muslim.

Hajj is void. Umrah has three pillars. They are: Ihram, Tawaf and Sa'i.

Ihram means to make intention to perform Hajj or Umrah

Duties of Ihram

If the Haji fails to do one of the duties he has to slaughter an animal. If he cannot afford to slaughter an animal he has to fast². The duties of *lhram* are:

1) To make intention of Ihram from the Migat (Prescribed place from where Ihram starts). Ibn Abbas (said:

"The Messenger of Allah (34) had designated Dhul-al-Hulifah for the people of Madinah, Al-Juhfah for the people of Syria, Qarn Al-Manzil for the People of Najd and Yalamlam for the people of Yemen as starting points of *Ihram*.

He further said:

^{1.} If any one misses any of these duties by unintentional mistake then there is no harm.

Scholars differ in this point. Many scholars do not see any difference between duties & prohibitions of Ihram i.e. the duties are the prohibitions who commit one of them. He has to slaughter a sheep or goat or fast three days or feed six indigents.

"These places are for the inhabitants of these region and for those who pass by intending to perform *Hajj* and *Umrah*. The starting point to perform *Hajj* and *Umrah* for the inhabitants of Makkah is Makkah itself by entering into the state of *Ihram* and reciting *Talbiyah*."

- Abstaining from wearing sewn² clothes, keeping the head uncovered and not wearing shoes.³
- 3) Repetition of Talbiyah 4

The Talbiyah is as follows:

Labbayk, Allahumma Labbayik -- Labbayk La Shareek Laka Labbayk-- Innal-hamda Wannimata laka wal-mulk -- La shareeka lak.

"Here I come to you O Allah. Here I am to worship you. Here I am to respond to you. There is no partner with you. Here I come to you, verily

^{1.} Bukhari.

For men only.

Especially if these are higher than the ankles.

^{4.} Men will utter loudly while women in a low voice.

Praise, Bounty, and Dominion belong to you. There is no partner with you."1

The Talbiyah is to be uttered when the Haji commences Ihram at the Miqat. It is recommended to utter Talbiyah while embarking, disembarking, at the time of Azan or at the end of Salah.

Sunan (recommendations) of Ihram

These are the deeds which if a *Haji* fails to perform, no *Fidya* (ransom or expiation) will be enjoined on him but he will miss great rewards.

- 1) Bathing² for *Ihram*. Bathing is also recommended for women in menses and in post delivery state. The Messenger of Allah (36) ordered one of Abu Bakr's (46) wives, who intended to perform *Hajj*³, to wash herself after she had delivered.
- Clipping nails, trimming the mustache, plucking the armpit hair and shaving the pubic hair for the Messenger of Allah (4) had done so.

^{1.} Bukhari & Muslim.

To apply perfume on head is also preferred before wearing Ihram.

^{3.} For men only.

- To wear white rida and izar 1 (Upper and Lower Ihram garb) because this was the practice of the Messenger (**).
- To start *lhram* after praying an obligatory or supererogatory Salah.².
- To repeat and renew Talbiyah at the time of embarking, disembarking or Salah.
- 6) To supplicate and pray for the Prophet (38) after Talbiyah, because the Messenger of Allah (38) used to, after reciting Talbiyah, ask Allah for Jannah (Paradise) and used to seek refuge of Allah from the Hell fire.3

Prohibitions of Ihram

These are the acts prohibited while one is in the state of *lharm*. If one commits any one of them, he has to offer *Fidya*. They are:

1. Covering the head.4

For men only.

There is no specific Salah for Ihram. If one finds Salah in routine he can pray and then enter into the state of Ihram because the Messenger of Allah (44) prayed Zuhr Salah than entered into the state of Ihram.

^{3.} Al-Shafei and Ad-Dargutni.

^{4.} This Prohibition is for men only.

- 2. Shaving or shortening any hair of the body.
- Clipping the nails whether of the hands or the feet.
- 4. Using perfume.
- 5. Wearing sewn clothes.1
- Killing game (animals hunted as food) of the land. Allah the Most High said:

"You who believe! Kill not game while in Ihram."

(5:95)

Kissing and touching with sexual desire. Allah the Most High said:

"Let there be no obscenity, nor wickedness, nor wrangling in the Hajj."

(2:197)

To marry or propose for marriage. The Messenger of Allah (*) said:

This Prohibition is for men only.

"A man in the state of *Ihram* shall not be married or allowed to propose."

Sexual intercourse because, Allah the Most High said:

"Let there be no obscenity, nor wickedness, nor wrangling in the *Hajj*."

(2:197)

Concerning the first five prohibitions², he who commits anyone of them, has to offer a *Fidya* and it means to fast for three days or to feed six indigents by giving each one of them a handful (about 1.25 kg) of wheat or to slaughter a goat. Allah the Most High says:

"And if anyone of you is ill, or has an ailment in his scalp, (necessitating shaving), (he should) in compensation, either fast or feed (the poor), or offer sacrifice."

(2:196)

^{1.} Muslim.

^{2.} If by mistake, than no matter.

As for the killing of land game¹ it has to be compensated in equivalent. Allah says:

"If anyone of you, kills intentionally, the compensation is an offering brought to the Ka'bah, of an animal equivalent to the one he killed. As adjudged by two just men among you or for expiation he should feed poor persons or its equivalent in fasting."

(5:95)

For kissing during *Ihram*, the *Haji* has to slaughter a sheep or goat in compensation. Sexual intercourse invalidates *Hajj* but the *Haji* is advised to complete *Hajj* and to offer a *Budanah* (Camel) and perform *Hajj* the following year. If a *Budanah* is not available, he has to fast for ten days and perform *Hajj* next year. It was reported in Muwatta Imam Malik that Umar Ibn Al-Khattab, Ali Ibn Abi Talib and Abu Hurairah were asked about a man

Sea Game is allowed, killing the snake, raven rat, mad dog, scorpion, kite is also allowed even in the Haram.

who had sexual intercourse with his wife while he was performing Hajj? They said: "they have to complete their Hajj as well as having to perform Hajj the next year and offer a sacrifice in compensation. As for marriage, proposing for marriage and other sins such as back-biting and slandering, the atonement is repentance and asking Allah's forgiveness.

Tawaf

Tawaf means walking around the Ka'bah seven times.1

Conditions of Tawaf

- 1. To make intention at the commenement.
- Purification. Full purification as is done for Salah is required for Tawaf.
- Clipping nails, trimming the mustache, plucking the armpit hair and shaving the pubic hair. These items of personal hygiene were done by the Messenger of Allah (*) before *Ihram*.
- 4. Covering the Private and shameful parts.
 The Messenger of Allah (*) said:

^{1.} Tawaf is allowed on a carrier.

"Tawaf around the House is like Salah but in Tawaf you may talk and one who talks, shall talk of good things."

- Tawaf shall be performed within the boundaries of Masjid Al-Haram.
- The Ka'bah must be kept on the left side of the Haji while performing Tawaf.
- Tawaf is composed of seven rounds starting from the Hajr-e-Aswad and ending at the same point.²
- To continue Tawaf without interrupting the rounds, unless it is necessary, otherwise it will be void.

Sunan (recommendations) of Tawaf

- Men are advised to walk swiftly with short steps, if possible, in the first three rounds of Tawaf-e-Qudoom (arrival Tawaf).
- Men should place the Ihram garb under the right armpit in Tawaf-e-Qudoom (arrival Tawaf).

^{1.} Tirmidhi.

^{2.} The round should also cover Hateem.

- To kiss¹ the Hajr-e-Aswad at the beginning of Tawaf if it is possible. It is suffice to touch or to point at Hajr-e-Aswad if it is difficult to kiss². This is because the Messenger of Allah (**) had done so.
- To say: at the beginning of the round:

Bissimi Allah wa Allah-u Akbar.

(In the name of Allah. Allah is the Greatest)

5. To supplicate during Tawaf. It is not limited to certain supplications but it is recommended to say at the end of every round:

"Rabbana Aatina fid- Dunya hasanah- wa fi -l-Akhirati hasanah- wa qina a'zab an-Nar."

- 1. And in Tawaf for Umarh also.
- The stick or the right hand by which Hagr-e-Aswad is touched --- should be kissed. During kissing, touching or pointing the Hagr-e-Aswad one should say

Bissmi Allah-i- wa Allah-u-Akbar To prostrate and weep at Hajr-e-Aswad is also a Sunnah. "Our Rabb grant us good in this life and in the Hereafter and protect us from the torment of the Hell fire."

(2:201)

- Touching¹ the Yemeni corner and kissing Hagr-e-Aswad in every round of Tawaf because the Prophet (*) used to do so.
- To supplicate at Al-Multazam (the place between the Ka`bah's entrance and the Hagr-e-Aswad) at the end of Tawaf because Ibn Abbas (*) used to do so.
- 8. To offer two raka hs after Tawaf behind Muq'am Ibraheem and to recite Surah Al-Kafiroun in the first rak ah and Surah Al-Ikhlas in the second rak ah. Allah the Most High said:

"And take the Muq'am Ibraheem as a place of Salah."

(2:125)

- 9. To drink Zam Zam water and to pour it on the head after offering two raka hs.
- 10. To return to the Hajr-e-Aswad and touch it

If it is possible easily.

before proceeding to Sa'i.1

Etiquette of Tawaf

- Tawaf shall be performed in humility and reverence of Allah.
- The Haji should not talk while performing Tawaf of the Ka'bah unless it is necessary. The Messenger of Allah (*) said:

"He who talks, shall not talk except of good things."2

- 3. Not to harm others by speech or by deeds.
- To remember Allah, supplicate and pray for the Prophet (*) frequently.

Sai

This is walking between Safa & Marwah back and forth and it is a pillar of Hajj and Umrah. Allah, the Exalted says:

"Behold Safa and Marwah are among the Symbols of Allah."

(2:158)

If it is easy.

^{2.} Tirmidhi.

The Messenger of Allah () said:

"So walk, for Allah has prescribed Sa'i on you."

Conditions of Sa'i

- To make intention² in compliance with Allah's order.
- Tawaf shall be performed before Sa'i.
- Not to interrupt the rounds of Sa i but short intervals, if necessary, can be made.
- To complete seven rounds.³ If, for any reason, one or part of a round is not done, the Sa'i remains incomplete.
- To be performed after Tawaf-e-Qudum (arrival) or Az-ziyarah (visit).

Sunan (recommendations) of Sa'i

 To run between the two green parallel lines on the edges of the valley. Women, old and sick are exempted.

Ibn Majah, Ahmad and Shafei.

^{2.} This should be in ones mind and not by utterance.

Covering the distance from Safa to Marwah is considered as one round and from Marwah to Safa is another round.

- To stand¹ on Safa and Marwah for the purpose of supplication.
- To supplicate² on Safa and Marwah on all seven rounds.
- In every round while ascending Safa or Marwah, to say three times.

الله أكبر

"Allahu Akbar"
Allah is the Greatest

((لاَ إله إلاَ اللهُ وَحْدَه لاَ شَريكَ لَه لَهُ الـمُلْكُ وَلَـهُ الحَمَدُ وَهُوَ عَلَى كُل شيء قَدِير.))

Lailaha illalahu wahdahu La Shareeka Lahu Lahul Mulku walahul Hamdu, wa Huwa ala kulli Shain Qadeer.

"There is no god but Allah Only. He has no partner praise, bounty and dominion belong to Him. He is Omnipotent."

Up to the level that one can see Bait ul-Allah (Ka'ba).

^{2.} Facing Qiblah.

³ Muslim.

La ilaha illalahu wahdahu anjaz wa'dahu, wa nasra a'bdahu wa hazamal ahzaba wahdah.

"There is no god but Allah alone. Who fulfilled His promise, helped His slave and routed the confederates alone."

To be performed immediately after Tawaf and not to stay for a short interval unless for a valid excuse.

Etiquette of Sa'i

 To go to Safa² through the entrance of Safa reciting the following verse:

"Behold Safa and Marwah are among the Symbols of Allah. So if those who perform Hajj or Umrah of the House (The Ka'ba), should

¹ Muslim.

^{2.} This means that Sa'i will start from Safa and end at Marwah.

compass them round, it is no sin1 in them. And if anyone does good Voluntarily, be sure that Allah is All Recogniser, All Knower."

(2:158)

- 2. To be in a purified state.
- To walk on foot, if possible, without any difficulty.²
- To remember Allah and supplicate frequently.
- To lower the gaze at women and to desist from committing sins by tongue.
- Not to harm fellow Hajies or the passers by.
- 7. To show humility before Allah.

Waqoof (Standing) at Arafah

This is the fourth Pillar of Hajj. The Messenger of Allah (48) said:

- Companions of the Prophet were hesitating to perform Sa'i because pagon kept idols at Saja & Marwah during the time of Ignorance.
- Otherwise a carrier may be used.
- Ahmad and Tirmidhi.--- This is the most important pillar of Hajj. Hajj becomes void if any-one misses it. It will not expiated even by offering Fidiya. He who reaches Arafah

It means to be present at Arafah from the Zawal (noon) of 9th Dhul-Hijjah until the dawn of 10th Dhul-Hijjah.

Conditions of Waqoof

- To be present at Arafah on the 9th of Dhu-Hijjah after the decline of the sun till sunset.
- 2. To stay the night of 10th Dhul-Hijjah at Muzdalifah after Waqoof-e-Arafah.
- To stone Jamarah Al-Aqabah on the Youm-e-Nahr (sacrifice) i.e 10th Dul Hijjah.
- 4. Shaving or shortening the hair after Rami (the stoning) Jamarah Al-Aqabah on the Youm-e-Nahr (sacrifice).
- To stay at Mina the nights of 11th, 12th and 13th of Dhul-Hijjah and two nights for one those who are in a hurry i.e. the 11th and 12th nights.
- 6. To stone the three Jamrahs after the Zawal (noon) on every Youm-e-Tashreeq, (11, 12, 13 Dhul Hijjah) respectively or 11 and 12 Dhul-Hijjah only.

between decline of the 9th and dawn of the 10th Dhul-Hijjah (night between 9th and 10th Dhul Hijjah) can fulfill the condition of Waqoof-e-Arafah and his Hajj will be accepted.

The Haji should not fast on this day.

Sunan of Wagoof

- To set out for Mina on the Youm -e-Tarwiyah
 (8th Dhu-Hijjah), stay upto the night of 9th
 Dhul-Hijjah and pray five times and not leave
 the area untill sunrise.
- To remain upto the Zawal (noon) at Namirah and pray shortened Zuhr and Asr Salahs in combination with the Imam.
- After performing Zuhr and Asr Salahs, to go to Arafah for waqoof (standing) and remembrance of Allah, untill sunset.
- To delay Salat-ul-Maghrib so that it can be prayed at Muzdalifah combined with Salat-tul-Isha.
- To stand facing the Qiblah and to remember Allah at Al-Masha`r Al-Haram (Quzah Mountain) untill dawn break.
- To set out in order to stone the Jamarah al-Aqabah, slaughter an sacrificial animal, cut or shave and perform Tawaf Al-Ifadah.
- To perform Tawaf al-Ifadah (or Ziyarah) on the Youm-e-Nahr (sacrifice) before sunset.

Etiquette of Waqoof

- To leave Mina on the mornin 9th Dhul-Hijjah for Namirah by the road of Dabb because the Messenger of Allah (*) had done so.
- To bathe after the Zawal (noon) and stand at Arafah. It is permissible for women in menstruation and who are in the period of post delivery to stand at Arafah also.
- 3. To stand in the place where the Prophet (stood at the great rock at the foot of the Jabal Al-Rahma in the middle of Arafah.
- To remember and supplicate frequently while standing facing the Qiblah until sunset.
- To return from Arafah by the road of Al-Mazameen and not from Dabb because the Prophet (34) went from one way and came from the other.
- To return calmly for the Messenger of Allah
 said:

"O People! be calm for righteousness is not in hastening up."

 To repeat frequently the Talbiyah on the roads to Mina, Arafah, Muzdalifah and back to Mina until the stoning of Jamarah Al Aqabah.

 To pick up seven pebbles from Muzdalifah so as to stone Jamarah Al Aqabah.

 To move from Muzdalifah after the dawn break and before sunrise.

 To hasten pace at Muhassir or speed up the vehicle for (a stone throw span) if possible.

11. To throw the pebbles at Jamarah Al-Aqabah between the time of sunrise and the Zawal (noon).

To utter Allah-u-Akbar at every time a pebble is thrown.

13. To slaughter the sacrificial animal or to attend its slaughtering and say:

"Bismillah, Allah-u-Akbar,"

14. To eat something from the sacrificial animal for the Messenger (*) used to eat from the liver of his sacrificial animal.

^{1.} Nissai.

- 15. To stone the Jamrahs on the Tashreeq days.
- To utter Allah-u-Akbar every time a pebble is thrown.
- 17. To stand for supplication facing the Qiblah after the Rami of the first and the second Jamarahs with exception of the third (Jamarah Al-Aqabah). It is recommended to leave immediately after its Rami.
- To stone Jamarah Al-Aqabah from the bottom of the valley keeping Bait-ul-Allah (the House) on the left and Mina on the right.

Restrictions:

This means to be prevented from entering Makkah or standing at *Arafah* due to an enemy or illness or other major forces. He who faces this, has to slaughter a sheep or a camel or a cow. Thereafter, he may disengage from *Ihram*. Allah the Exalted said:

Or he can make a conditional intention of *Ihram*. So that he may be saved from the *Fidya*.

"But if you are prevented (from completing it), send an offering for sacrifice such as you may find."

(2:196)

Tawaf-e-Wida`

It is a necessary Sunnah, he who omits it without an excuse, has to slaughter an animal. There is no harm if one omits it with an excuse. This Tawaf is to be performed when a Haji wishes to leave Makkah after completing Hajj or Umrah for his home. It should be done at the last moment and after its performance the Haji has to leave Makkah immediately. If a Haji after Tawaf-e-Wida' stays to buy or sell unnecessary items, he has to repeat the Tawaf for the Messenger of Allah (**) said:

"No one of you should leave Makkah unless the last thing he has done is *Tawaf* of the House." 1

^{1.} Ahmad & Abu Dawood.

How to Perform Hajj & Umrah?

He who wants to enter into the state of *Ihram*, should clip his nails, trim his mustache, shave his pubic hair, pluck or remove the hair of the armpits and take a bathe. Then he wears the *Ihram* garb which consists of two white clean cloths and a pair of sandals. When a *Haji* or *Mu'tmer* (he who intends to perform *Umrah*) reaches the *Miqat*, (The post from where he makes his intention for *Ihram*) he may offer two *raka'hs*¹ and make intention by uttering the *Talabiyah*.

If he intendes Tamatt'u or Umrah he should recite.

Labbayka Allahumm Labbayka Umrattan.

"O Allah here I am before You to perform Umrah."

If he intends Ifrad then he should recite:

Labbayka Allahumm Labbayka Hajjan

^{1.} There is no specific Salah for Ihram

"O Allah I am before You to perform Hajj" If he intends for Qiran he should recite:

Labbayka Allahumm Labbayka Hajjan wa Umratan

"O Allah I am before You to perform Hajj and Umrah"

He can make conditions in his intention i.e.

"In the event of an excuse I would be disengaged from *Ihram* at the time when I am prevented by an excuse."

In such an event he does not have to offer Fidyah.

Then in raised voice he has to continue repeating the Talbiyah. Women should not recite Talbiah in raised voice but she should recite it in such a way so that only her companions may hear her. It is recommended to supplicate and pray for the Prophet (*) after the Talbiyah. It is also recommended to renew Talbiyah at the time of

^{1.} Nissai & Ahmad.

embarking, disembarking and at Salah times. He is advised to remember Allah and perform righteous deeds frequently. When he reaches Makkah, it is recommended to take a bathe on entrance. When he reaches the Masjid Al-Haram, he has to enter through Bab-as-Salaam saying:

"In the name of Allah, Peace be on the Prophet O Allah forgive me my sins, O Allah! Open for me your gates of mercy."

Then he proceeds to the *Hagr-e-Aswad* in a purfied state, with his right shoulder uncovered. Next, if possible, he kisses the *Hagr-e-Aswad*. If it is crowded he may touch or point towards it. Then he starts the *Tawaf*, keeping the *Ka`bah* on his left side and go around it in anti-clockwise direction, by uttering:

Bissimi Allah wa Allah Akbar
"In the Name of Allah. Allah is the Greatest."2

^{1.} Ahmad & Ibn Majah.

^{2.} Ahmad.

At the beginning of the Tawaf he has to run for first three rounds if it is Tawaf-e-Qudoom 1 in rememberance of Allah or asking peace for the Prophet (34). When he reaches the Rukn-e-Yamani (Yemeni corner) or faces it he has to touch it2. Then he completes the round with the following supplication:

"Rabbana Aatina fid-Dunya Hasanah wa fil Akhirati Hasanah wa qina a'zab-an-Nar"

"O Allah give us good in this life and the next one and protect us from the Hell fire."

(2:201)

He should continue running for three complete rounds and from the fourth round, he should stop running and complete the rest four rounds at normal pace.

Then he goes to Al-Multazam to supplicate. Next he proceeds to Muqam-e-Ibraheem to pray two raka'hs reciting Surah Al-Kafiroun and Surah

^{1.} Or Tawaf-e-Umrah

^{2.} If its possible easily.

Al-Ikhlas after Surah Al-Fatiha in the first and second raka hs respectively. After that he drinks the Zam Zam water till he satisfies his thirst and supplicates for whatever he wishes. Then he goes to the Hagr-e-Aswad to kiss or touch it. After that he sets out for Sa'i reciting:

"Behold Safa and Marwah are among the Symbols of Allah so it is not a sin for those who perform Hajj or Umrah of the House (Bait-ul-Allah) to perform Tawaf (Sa'i) between them. And whoever does good voluntarily, then Allah is All Recoganiser, All Knower."

(2:158)

When he reaches Safa, he has to ascend it and face the House and recite the following three times:

ا لله أكبر "Allah-u-Akbar" Allah is the Greatest.

^{1.} He may pour some water on his head also. This is a Sunnah.

((لاَ إلىه إلا الله وحْدَهُ لا شَرِيكَ لَـهُ، لَـهُ الْمُلـكُ وَلَـهُ الْحُمدُ، وَهُوَ عَلَى كُل شَيء قَدِيْر، لاَ إلىه إلا الله وحْدَهُ الْحُمدُ، وَهُوَ عَلَى كُل شَيء قَدِيْر، لاَ إلىه إلا الله وَحْدَهُ أَنْجَرَ وَعْدَهُ وَهُزَمَ ٱلاحْزَابَ وَحْدَهُ .))

Lailaha illalahu wahdahu La Shareeka Lahu Lahul Mulku walahul Hamdu, wa Huwa ala kulli Shain Qadeer. La ilaha illalahu wahdahu anjaz wa'dahu, wa nasra a'bdahu wa hazamal ahzaba wahdah.

There is no god but Allah alone, He has no partner. For Him belongs the dominion and praise. He encompasses everything. There is no god but Allah alone. He fulfilled his promise and gave victory to His slave and He routed the confederates alone."1

Then he may supplicate to Allah for whatever he wishes of good in this life and the life to come. Then he descends from Safa and march towards Marwah till he reaches the bottom of the valley (now it is marked by green pillars). At this point he has to hasten²or move rapidly untill he reaches the other green pillar. Then he walks at normal pace

^{1.} Muslim.

^{2.} This is for men only.

and supplicate and pray for the Prophet (*) till he reaches Marwah. After ascending Marwah he utters Takbeer and proclaims the Tawheed (Allah has no Partner) of Allah. Here he supplicates for whatever he wishes like that at Safa. Then he descends and walks toward Safa till he reaches the green pillar where he has to run until he reaches the other green pillar. After that he walks till he reaches Safa where he ascends it again, utters Takbeer and proclaims the Tawheed of Allah. In this way he has to complete seven rounds with eight standings, four on Safa and four on Marwah.

If he is performing *Umrah*, he has to shorten his hair and his *Umrah* is completed. The *Haji*, who combines *Hajj* and *Umrah* (*Qiran*) or *Mufrid*, has to keep his *Ihram* until he stands at *Arafah*, stones *Jamarah Al-Aqabah* and then he may take-off his *Ihram*.

On the 8th Dhul-Hijjah (Yaum-e-Tarwiyah) the Haji who is in Ifrad (to perform Hajj only) or combination of Hajj and Umrah (Qiran) may not renew his intentions as the first one will suffice. Mutamatt'e (who performs Hajj and Umrah during

Shaving or cutting and shaving is better.

the month of Hajj) will intend for Hajj in the same way he has done for Umrah. He has to proclaim Talbiyah in the morning, stay the night at Mina and pray five obligatory Salahs. At sunrise on Yaum-e-Arafah, he has to set out for Namirah uttering Talbiyah taking the road of Dabb and to stay there until Zawal (noon). Then he has to bathe and come to Masjid Namirah to pray Zuhr and Asr Salahs, shortened and combined, in congregation with the Imam. After completion of Salah, he has to go to Arafah to stand there at any part. The Messenger of Allah (*) said:

"I stand here and the whole of Arafah is a place of stationing."

It is recommended to stand at the foot of Al-Rahmah mountain whether riding, on foot or in a sitting posture remembering Allah and supplicating till sunset. Then he has to march humbly uttering Talbiyah towards Muzdalifah by Al-Mazameen road. In Muzdalifah he has to pray Maghrib and Isha in combination. He stays the

^{1.} Muslim.

night there till dawn and offer Fajr prayer. Then he has to march towards Al-Masha'r Al-Haram to stand and supplicate because the Messenger of Allah (44) said:

"I stood here and the whole of Al-Muzdalifah is a place of stationing."

Before sunrise, he has to pick up seven pebbles to stone Jamarah Al-Aqabah uttering Talbiyah and proclaiming Takbeer (greatness of Allah). Then he goes to Mina uttering Talbyah. When he reaches Muhassir valley, he has to hasten his pace for a stone throw distance. After reaching Mina, he has to go immediately to stone Jamarah Al-Aqabah. He has to throw seven pebbles uttering Allah-u-Akbar at every throw. Then he slaughters a sacrificial animal by himself or on his behalf in any part of Mina.

The Messenger of Allah (said:

^{1.} Muslim.

"I slaughter here and the whole of Mina is a place of slaughtering"

Then he shaves or shortens his hair but shaving is better. After this stage, everything become lawful for him except sexual intercourse.

The Mesenger (B) of Allah said:

"If one of you stone Jamarah Al-Aqabah and shaves, everything is lawful for him except women² (i.e. Sexual intercourse)."

It is permissible for him to cover his head and wear normal clothes. Now he may go to Makkah to offer Tawaf-e-Ifadah, the fourth pillar of Hajj. In this Tawaf there is no idtiba (leaving the right shoulder uncovered) as well as there is no Raml (swift walking around the Ka'bah). After completion of seven rounds, he has to pray two raka'hs behind Muqam-e-Ibraheem.3. If he is performing Qiran (combined Hajj and Umrah) or

^{1.} Muslim.

^{2.} Abu Dawood.

^{3.} If it is easy.

Ifrad (intention to perform Hajj only), he should not perform Sa'i if it has already been done on his (i.e with Tawaf-e-Qudoom). The Mutamatt'e (benefitting from Hajj and Umrah) Haji has to perform another Sa'i and after completion of Sa'i, is allowed to disengage from Ihram completly. Then he has to go back to Mina the same day to spend the night there. After Zawal (noon) on the first day of Tashreeq, he has to stone the Jamarahs beginning with the first one which is situated behind Al-Khaif Masjid. Seven pebbles, one by one, are to be thrown at the First Jamarah with the utterance of Takbeer. After completion of stoning, he has to move a little to face Qiblah and ask Allah for whatever he wants. Then he has to move to the middle Jamarah and stone it with seven pebbles similarly. After throwing the pebbles, he has to supplicate and march towards Jamarah Al-Aqabah and do the same as he has done in the two Jamarahs with the exception of Dua'a (supplication) because the Haji is advised to leave it immediately as the Messenger of Allah (had done so. When the sun declines on the

the stoning ¹ of Jamarahs, in the same manner as he had done on the first Youm-e-Tashreeq. If he is in a hurry, he may leave for Makkah before sunset. If he is not in a hurry, he has to stay the night in Mina and on the third Youm-e-Tashreeq, he has to stone the Jamarahs in the same manner as he has done on previous two days. Thereafter, he has to leave for Makkah and if he intends to leave for home, he has to perform the Tawaf-e-Wida` which comprises of seven rounds. After completion of Tawaf, he has to offer two raka`hs behind Muqam-e-Ibraheem and depart for his home uttering the following supplication.

((لاَ الله الله وَحْدَهُ لاَ شَرِيْكَ لَـهُ، لَـهُ اللَّـكُ، وَلَـهُ الْحَمْدُ. وَهُوَ عَلَى كُلِ شَيء قَديْر، آيبُونَ تَآتبونَ، عَـابدُونَ، ساجِدُونَ لرَبنا حَامدُون، صَدَقَ الله وَعدَهُ، وَنَصَـرَ عَبْدَهُ، وَهَزَمُ الأحزْابَ وَحَدَه.)

"There is no god but Allah alone. He has no partner. To Him belongs the dominion and praise. He has power over all things. We are returning

^{1.} Someone can stone on behalf of a child and the sick etc.

repentful, worshipping Allah and prostrating we are grateful to our *Rabb*. Allah fulfilled His promise and gave victory to His slave. He routed the confederates alone."



^{1.} Bukhari & Muslim.

Masjid Nabawi

Virtues of Madinah

It is a sacred city where the Messenger of Allah (**) migrated and the place of his inspiration. The Messenger of Allah (**) made it a sacred area as Ibraheem (***) did for Makkah when he said:

"O Allah! Ibraheem had made Makkah a sacred area So I made Madinah! sacred."

He also said:

"Medina is sacred from A'ir to Thawr2, So if anyone produces an innovation (in it) or gives protection to an innovator, the curse of Allah, the

^{1.} Muslim.

^{2.} Names of Mountains at Madinah

angels, and all men will fall upon him, and no repentance or *Fidyah* will be accepted from him on Dooms day." 1

((لا يُخْتَلَى خَلاَهَا ولا يُنفَّرُ صَيدُهَا ولا تُلتَقَطُ لُقطَّتُهَا إلاّ لمن أشَادَ بهَا، ولا يَصلُحُ لِرَجُلٍ أن يحمِلَ فيهَا سلاَحًا لقتال، ولا يَصلُحُ أن يُقطَعَ منها شَجرَةٌ إلا أن يَعلِفَ رحل بعيرَهُ))

"Its fresh grass is not to be cut, its game not to be driven away, and things dropped in it are not to be picked up but by the one who publicly announces it, and it is not permissible for any man to carry weapon in it for fighting, and it is not advisable that its trees be cut except what he needs for his camels as fodder"²

Uday Ibn Zaid (said:

((حمى رسولُ اللهِ صلّى اللهُ عَلَيهِ وَسَلّمْ كُـلَ تاحيةٍ مِنَ اللهُ عَلَيهِ وَسَلّمْ كُـلَ تاحيةٍ مِنَ المدِينَةِ بريداً مِـنْ بريد لا يُحبَطُ شَحَرَة وَلا يُعْضَدُ إلا ما يساقُ بهَ الجَمَلَ.))

^{1.} Bukhari & Muslim.

Abu Dawood.

"The Messenger of Allah (*) declared that one brid (three miles) was protected from each side. Its trees are not to beaten off or cut, except what is required for the camel."

The Messenger of Allah (said:

"He who is able to die2 in Madinah, is advised to do so, for I will intercede for whomever dies in it."3

He also said:

"Madinah is like a bellow (which cleans dross) and its air becomes suitable for those who wish to live in it."4

^{1.} Abu Dawud.

To stay there till death.

^{3.} Bukhari & Tirmidhi.

^{4.} Muslim.

Virtues of the People of Medinah

They are the neighbors of the Messenger of Allah (*) and they are the ones who build his Masjid. Hence, they are to be respected and supported.

The Messenger of Allah (*) said in this respect:

"He who intends to harm the people of Madinah, Allah will dissolve him as salt dissolves in water."

The Messenger (*) had invoked Allah for them to be blessed and be provided with abundant provisions.

Virtue of Masjid-e-Nabawi.

It is one of the three Masaajid referred to in the Qur'an. Allah, the Exalted says:

^{1.} Bukhari.

"Glory to (Allah) who did take His slave for a journey by night from the Sacred Masjid to the farthest Masjid whose precincts we did bless."

(17:1)

In the word "The farthest" there is a reference to Masjid-e-Nabawi.

He also said:

"A Salah in my Masjid is better than a thousand Salahs in other Masjids except the Bait-ul-Allah and a prayer in the Bait-ul-Allah is better than a hundred thousand Salahs in other Masjids."

The Messenger of Allah (*) also said:

"Journey should not be made (for reward from Allah) except three Masaajid; the Sacred Masjid (of Makkah), My Masjid and Al-Aqsa Masjid (in Jerusalem)."²

^{1.} Ibn Majah.

^{2.} Bukhari & Muslim.

The Prophet (緣) said:

"Between my house and my pulpit is a garden from the Gardens of Paradise."

Visiting Masjid-e-Nabawi.

Muslims should intend to visit Masjid-e-Nabawi to pray in it, to win the pleasure of Allah. When he reaches the Masjid, in state of purity, he has to enter in it with his right step first and say:

"In the name of Allah, peace and blessing be upon the Messenger of Allah (\$). O Allah! forgive my sins and open to me your gates of Mercy."²

Then, if possible, he has to come to the sacred Rawda (garden), or in any part of the Masjid to offer two raka hs or more. Then he moves to the honoured room to greet the Prophet (*) by saying:

Bukhari & Muslim.

² Ahmad.

السَّلامُ عَلَيكَ يَا نَبِي اللهِ، السلامُ عَلَيكَ يَا خيرةِ خَلْقِ الله، السلامُ عَلَيكَ أيها النَبِي ورحمةُ اللهِ وَبَرَكَاتُهُ. أشهدُ أن لاَ إلهَ إلا الله، وأشهدُ أنّك عَبدُ اللهِ وَرَسُولُه، قَدْ بَلَغْتَ الرِسَالَة، وأديَّتَ الأمَانَة، ونَصَحْتَ الأُمة، وجَاهَدُت في اللهِ حَقَّ جَهادِهِ، صلى الله عَليَكَ وَعَلَى آلك وأزواجِكُ وَذُرِياتِكَ.

"Peace be upon you O Messenger of Allah! (*)
Peace be upon you O Prophet of Allah! (*), O
the best of mankind! I testify there is no god but
Allah and I do testify that you are a slave and a
Messenger of Allah (*). You have delivered the
message, fulfilled your trust, advised the Ummah
and strived hard in the path of Allah. May Allah
bless you, your relatives, your wives and your
offspring."

Then he has to turn to the right to greet Abu Bakr al-Siddeeq (saying:

السلامُ عليكَ أبا بكر الصِدَّيــق صفــيَ رســولَ اللهِ، وصاحبَه فِي الغَارِ، جَزَاكِ اللهُ عُن أمة رَسول اللهِ صَلّى اللهُ عَليهِ وسَلّم خيراً. "Peace be upon you O Abu Bakr (*)! The intimate friend of Allah's Messenger (*) and his companion in the cave. May Allah reward your service to Islam and Muslims."

Then, he has to turn to the right to greet Umar (46) saying:

"Peace be upon you O Umar! Al-Farouq (46)!
May Allah reward you for the service you have
done for Islam and Muslims."

Visiting other Places in Madinah

If a Muslim is able to visit Madinah, it is recommended for him to visit Quba Masjid and pray in it because the Messenger of Allah (*) used to do so. He said:

"He who purifies himself in his home, comes to Quba Masjid and prays there, he will be rewarded a reward equal to that of an Umrah."

^{1.} Ibn Majah.

The Messenger of Allah (*) used to come to Quba riding or on foot to pray two raka hs in it. It is also recommended for the visitor of Madinah to visit the martyr's graves at Uhud because the Prophet (*) used to visit it and greet the Martyrs. He said:

"Uhud is a Mountain we love it and it loves us."2

It was narrated that the Messenger of Allah (*), along with Abu Bakr (*), Umar (*) and Uthman (*) passed by Uhud mountain once and it started to tremble. Then the Prophet (*) kicked it with his foot and said to it:

"Uhad, be firm! those on you are: a prophet, a Siddeeq (Abu Bakr, a friend) and two martyrs."3

It is recommended to visit Jannat-Al-Baq'i (graveyard of Madinah) because the Messenger of Allah (38) used to visit it to greet the dead that

^{1.} Muslim.

^{2.} Bukhari & Muslim.

^{3.} Bukhari.

included many of his companions, followers and other pious Muslims. The Messenger of Allah (35) used to greet them by saying:

"Peace be upon you O the people of this place from the Believers and the Muslims! and we, Allah willing, will join you. We ask Allah to grant you and us His Protection."

"O Allah² forgive the inhabitants of Jannat-Al-Baq'i."³

^{1.} A fuslim.

^{2.} This Dua'a is common for all Muslim graveyards.

^{3.} Muslim

Hajj, Umrah & Ziyarah

At a Glance

To gain love and forgiveness from Allah Almighty the best way to perform *Hajj* is the way the Prophet (*) performed.

Allah Almighty says:

"Say if you love Allah, follow me; Allah will love you and forgive you your sins."

(3:31)

The best type of Hajj is the Tamattu' type. In Tamattu' Hajj the Haji does not bring sacrificial animals with him. The Messenger of Allah (48) has commanded his companions to do that.

Tamattu' Hajj is to perform Umrah in the months of Hajj and to disengage from Umrah and then again enter into the state of Iharm for Hajj in the same year.



UMRAH

- 1- If you want to perform *Umrah*, first perform *ghusl* (total wash), if possible, as you do for *Janabah*. Next put on the *Ihram* cloths (*Izar & Rida*). A female Muslim can wear any decent clothes that does not expose her body and beauty. Then Pronounce the *Talbiyah* (i.e *Labbaiyk* which means: I am ready to obey and respond to your call).
- 2- When you reach Makkah, do Tawaf of the Ka'bah seven times for Umrah starting from the Hajr-e-Aswad (Black stone) and finishing by it. Then perform two raka'hs behind Muqam-e-Ibraheem, if it is possible, or any place (behind it).
- 3- After the performance of two raka'hs, go to Safa to perform Sa'i between Safa and Marwah seven times commencing from Safa and ending at Marwah.
- 4- After completion of Sa'i you may shorten your hair. By this, your Umrah is complete and you may disengage from Iharm clothes and put on normal clothes.



HAJJ

- 1- On the pre-noon of the eighth Dhul-Hijjah. Enter into Iharm from your place and perform ghus! (total washing) if it is possible and put on the Ihram cloths and repeat the Talbiyah.
- 2- Set out and stay at Mina to pray Zuhr, Asr, Maghrib, Isha and Fajr Salahs. Every Salah comprising of four raka'hs is to be shortened to two raka'hs only.
- 3- At Arafah perform Zuhr & Asr Salahs in combination, each Salah is to be shortened to two Raka'hs. Stay there until sunset and implore Allah frequently Facing the Qiblah.
- 4- When the sun sets, march from Arafah to Muzdalifah. Once at Muzdalifah you should pray Maghrib, Isha and Fajr prayers. Stay there to implore Allah until sunrise.
 - If you are weak and are not able to walk and mingle with the crowd, you may go to Mina at late night.
- 5- When the sun is about to rise, walk from Muzdalifah to Mina; when you arrive at Mina, do the following:

A: Stone Jamarah Al Aqabah which is located nearset to Makkah. You have to throw seven

pebbles, one by one, pronoucing Takbeer at every throw.

B: Slaughter a sacrificial animal, eat from its meat and distribute the rest to the indigents. The slaughtering of a sacrificial animal is obligatory on *Mutamatt'e* (who benefits from *Umrah* to *Hajj*) and *Qarin* (who combines *Umrah* and *Hajj*).

C: Shave or shorten the hair of your head. Shaving is recommended (Women should shorten their hair equal to a finger tip length).

The order of the three above-mentioned acts is: first, throwing the pebbles, second, slaughtering the sacrificial animal and third to shave or shorten the hair of the head. There is no harm if the order is interchanged.

After completion of the above mentioned three acts, you can put on your normal clothes and do all the acts prohibited during the *Hajj* with the exception of sexual intercourse.

6-Then go to Makkah with the intention to perform Tawaf Ifadhah. (Tawaf Al Hajj) and to perform Sa'i between Safa and Marwah (Sa'i Al Hajj). By completion of Tawaf Al-Ifadhah, every act prohibited for the Haji during the Hajj time now becomes lawful including sexual intercourse.

- 7- After completion of Tawaf and Sa'i, go back to Mina in order to spend the two nights of 11th and 12th of Dhul-Hijjah
- 8- On the days of 11th and 12th of Dhul al-Hijjah, after the sun declines, throw the pebbles at the three Jamarahs. Start with the furthest from Makkah and then the middle one and finally Jamarh Al-Aqabah. Throw seven pebbles at each Jamarah and pronounce the Takbeer every time a stone is thrown. After throwing at the first and the middle Jamarah, implore Allah facing the Qiblah; it is a must that throwing of the stones in these two days (i.e 11th & 12th) be after Zawal (noon).
- 9- When you complete throwing the pebbles on 12th Dhul-al-Hijjah, you may go out of Mina before sunset. If you want to delay going out it is better to spend the night of 13th Dhul Al-Hijjah at Mina and repeat throwing pebbles at the three Jamarahs after Zawal as before.
- 10- If you want to go back home, you have to perform a Tawaf-e-Wida` (seven rounds around the Ka'bah). As for a woman in postbirth state and menstruating women, there is no Tawaf-e-Wida' enjoined on them.

VISITING MASJID-E-NABAWI

- 1- You may go to Madinah before or after Hajj days with the intention to visit Masjid-e-Nabawi (*). Praying one Salah at Masjid-e-Nabawi equals a thousand Salahs performed in other masjids, other than the Masjid Al Haram.
- 2- When you arrive at the Masjid, offer two raka hs, Salutation Salah of the Masjid or an obligatory Salah.
- 3- After performance of the Salah, go to the Prophet's grave and greet the Prophet (by saying:

"Peace be upon you O Prophet! May peace and blessings of Allah be upon you and May Allah bestow on you all that is good."

Then move to Abu Bakr's (grave and say:

"Peace be upon you O Abu Bakr (successor of the Messenger (May Allah be pleased

with you and may Allah Almighty bestow on you all that is good."

After that move to the right to stand before the grave of Umar (*). Greet him by saying:

"Peace be upon you O Umer (Ameer al Momineen (Leader of the Believers)! May Allah be pleased with you and grant you all that is good."

- 4- After that set out for Masjid Quba in a state of purity with intention to offer Salah in it.
- 5- Then visit Jannat-ul-Baq'i, visit Uthman's (*) grave and greet him by saying:

"Peace be upon you O Uthman (Ameer al Momineen (Leader of the Believers)! May Allah be pleased with you and grant you all that is good."

6- Greet all the dead Muslims in Jannat-ul-Baq'i .Later go to Uhud mountain, visit Hamza's (&)

grave and there you have to greet him and all the Martyrs buried with him and ask Allah Almighty to forgive and be pleased with them all.

Obligations during Hajj and Umrah

- 1- To abide by the acts of worship such as performance of Salah in congregation at proper times.
- 2- To Shun the prohibited acts such as obscenity, wickedness and wrangling in compliance with Almighty Allah's statement:

"Let there be no obscenity, nor wickedness, nor wrangling in the Hajj."

(2:197)

- 3- To avoid harming Muslims whether by tongue or deed or other.
 - 4- To avoid all prohibited acts of Iharm:
 - (A). Not to pull a hair or cut finger or toe nails. Thorn prick on ones skin does not invalidate the state of *Iharm* even if it bleeds.
 - (B). Not to use perfume whether on the body or on the clothes. Not to bathe with a perfumed soap. Food with strong smell should also be avoided. Traces of perfume as a result of its usage prior to Ihram, do not void the Ihram.
 - (C). Not to kill game animals.

- (D). Not to exercise any act that incites the sexual desire like kissing, touching or sexual intercourse.
- (E). Not to Convene a Nikah (Marriage contract) for himself or for others.
- (F). Not to put on hand gloves but bandges on hands are allowed and it is applicable for both males and females.

Men are prohibited from doing the following:

- 1- To wear sewn clothes, caps, cloacks, turbans or trousers but using umbrellas, sunshades, car roof and carrying luggage on the head, do not invalidate lhram.
- 2- It is permissible to use slippers, rings, eye glasses, hearing aid, handwatch and belt. It is also permissible for one in the state of *lhram* to bathe with non perfumed soap. It is also allowed to scratch or rub ones head or body even if it results in falling of a hair from his head. Women are not allowed to wear veils if there is no fear to be seen by other men who are not their *Mahrim* (those who are not allowed to marry them).



DAY TO DAY ACTIVITIES OF HAJJ

8th Dhul Hijjah (YAUM-E-TARWIYAH)

The 8th Day of *Dhul Hijjah* is called *Yaum-e-Tarwiyah*. On this day before noon, put on the *Ihram* cloths from one of the prescribed stations and proceed towards Makkah with the intention to perform *Hajj*.

Take a bathe, clip nails, trim mustache, shave the pubic hair, and wear white *lhram* cloths (for male). Women can wear any decent clothes with the exception of wearing veils and gloves. *Qarin* and *Mufrid* are already in *lhram*.

It is a Sunnah to cover shoulders after wearing Iharm and say:

لَبِيِّكَ حَجًّا

"Labaik Hajjan"

(O Allah! Here I do respond for your call to *Hajj*). If in state of fear to complete *Hajj*, you may make a conditional intention by saying:

"If anything prevents me to complete the Hajj my place is where that thing obstructed me to complete it." I

After the intention to perform *Hajj*, shun all prohibited things.

You should Repeat Talbiyah frequently. Continue to repeat the Talbiyah until throwing of the pebbles at Jamarah Al-Aqabah on the 10th of Dhul-Hijjah.

Leave for Mina repeating the Talbiyah. At Mina pray Zuhr, Asr, Maghrib, Isha' and Fajr Salahs. All Salahs should be performed in due time. The four raka'ah Salahs should be shortened to two raka'hs. Spend this night in Mina.

The Prophet (48) used to perform only the two raka'hs before the Fajr Salah and the witr from the routine Sunnah Salahs while he was on travel.



^{1.} Nissai & Ahmad.

9th Dhul Hijjah (YAUM-E-ARAFAH)

Soon after Salah-tul-Fajr and at sun rise on this day, leave for Arafah repeating Talbiyyah and Takbeer.

It is reprehensible to fast on this day because the Prophet (48) drank from a bowl of milk sent to him on this day.

It is a Sunnah to stay at Namirah until Zawal (noon) if it is possible.

Khutbah (sermon) should be addressed to the Hajies at Namirah after which Zuhr and Asr should be combined and offered in advance and shortened to two raka'hs each with one Azan and two Iqamahs.

You should make sure that you are within the boundaries of Arafah. The Valley of Uranah is not within the boundaries.

Any spot of Arafah suffices. If it is possible, the Mountain of Ar-Rahmah should be between you and the Qiblah.

It is not a Sunnah to climb Ar-Rahmah mountain It is recommended to face the Qiblah raising the hands during Dua'a in complete submission until sunset. It is recommended to repeat frequently the following:

"There is no god but Allah, He has no partner, the dominion belongs to Him alone, praise be to Allah, and He is able to do all things."

Not to leave Arafah untill sunset.

After sunset, depart for Muzdalifah calmy. If the road is not crowded, you may (hasten).

After reaching Muzdalifah, pray Maghrib and Isha Salahs combined and delayed. (three raka 'hs Maghrib and two raka 'hs only for Isha). Do not offer any other Salah.

Sleep until dawn but the weak among men and women may depart for Mina by midnight.

^{1.} Tirmidi.

10th Dhul Hijjah (EID-AL-ADHA OR YAUM-E-NAHR)

Pray Fajr at Muzdalfah with the exception of the weak men and women who had earlier left for Mina.

After the Fajr Salah, face the Qiblah and praise Allah, utter Takbeer and Tahleel (negation of partners to Allah) as well as to make Dua'a until sunrise.

Before sunrise, leave for Mina uttering Talbiyah calmly.

While passing through *Muhssir* Valley, hasten if possible.

While walking towards Mina from Muzdalifah, pick up seven pebbles.

Throw seven pebbles at Jamarah al-Aqabah one by one uttering Allah-u-Akbar every time you throw a pebble. As soon as you complete the throwing, discontinue the Talbiyah.

Slaughter a sacrificial animal, eat from it and feed its meat to the needy and the poor. Slaughtering is obligatory on *Qarin* and *Mutamatt'e*.

Shave or shorten your head hair. Shaving is better and it is preferable to commence shaving from the right side. As for women, she may shorten her hair equal to a finger tip length.

At this stage you are allowed to put on normal clothes and use perfume and scent. Prohibited acts during Hajj time, with the exception of sexual intercourse, no longer apply. This is called Tahallul al Awwal.

After throwing the pebbles go to Makkah to offer Tawaf al-Ifadhah (with out Ramal & Idhtib'a), offer the two raka'hs of Tawaf.

After Tawaf, perform Sa'i and by completion of Sa'i, you will return to normal life, Tahallul Thani.

Drink from Zam Zam water and pray Zuhr in Makkah if possible.

Spend the remaining nights in Mina.



11th Dhuhl Hijjah

After the spending the night in Mina, You are advised to pray the five daily Salahs in congregation.

This day and two following days are called Ayyam-e-Tashreeq and it is a Sunnah to repeat the Takbeer after every Salah whether you are staying or travelling and you are in Mina or anywhere else.

Throwing of stones at the three Jamarahs is to be commenced after Zuhr i.e. after the sun declines.

Start Rami at Jamarah, begin with the junior, the middle and then at Jamarah Al-Aqabah.

Throw seven pebbles at every Jamarah consecutively and the Takbeer should be uttered every time a pebble is thrown. The pebbles are to be collected from any place in Mina.

It is a Sunnah to keep Makkah on the left side and Mina on the right while throwing the pebbles. After completion of Rami at Jamarahs (Wusta & Sughra) go straight facing the Qiblah and invoke Allah as the Messenger of Allah () did so. After stoning Jamarah al-Aqabah leave immediately without any Dua'a.

Spend the night in Mina.

12th Dhul Hijjah

Spend your time in performing of good deeds and remembing Allah.

After Zuhr, throw the pebbles at the three Jamarahs as you did on the 11th day of Dhul Hijjah starting with the Jamarah Sughra, then Wusta and end with Jamarah al Aqabah.

Invoke Allah after throwing the pebbles at the Sughra and the Wusta.

If you are in a hurry to go back home, it is permissible to leave for Makkah after performance of the Tawaf-e-Wida'a provided you leave before sunset. To delay to travel until the 13th day of Dhul Hijjah is better in order to throw the pebbles at Jamarahs because the Messenger of Allah (4) has done so.

It is recommended to pray, if possible, during Ayyam-e-Tashreeq at Al-Khaif Masjid.



13th Dhul Hijjah

Throw the pebbles at all the three Jamrahs in the same manner as you did in the two preceding days.

If you wish to go back home, offer Tawaf-e-wid'a and a menstruating woman and the one in the state of postnatal period may leave without Tawaf-e-Wida' (Farewell Tawaf).



Some Dua'as (Invocations)

الله أكبر، الله أكبر، الله أكبر الله أكبر سبحان الذي سخرانا هذا وَمَاكُنّا لَهُ مُقْرِنِينَ وَإِنّا إِلَى رَبّنا لَمُنْقَلِبُونَ، اللّهُمَّ إِنّا نَسْأَلُكَ فِي سَفَرِنَا هَذَا الْبرَّ وَالتَقْوَي، ومِن الْعَمَلِ مَا تَرْضَى، اللّهم هُوِّنْ عَلَيْنَا سَفَرَنَا هَذَا وُاطُوعَنّا بُعْدَهُ، اللّهُمَّ أَنْتَ الصَّاحِبُ فِي السَّفَرِ، وَالْحَلِيفَةُ فِي الأهلِ، اللّهُمَّ إِنّي أَعُوْذُبِكَ مِنْ وَعَنّاء السَّفَرِ، وَالْحَلِيفَةُ فِي الأهلِ، اللّهُمَّ إِنّي أَعُوْذُبِكَ مِنْ وَعُنّاء السَّفَرِ، وكأبة الْمَنْظرِ وسُوء المُنْقَلَبِ فِي المَالِ

'Allah is the greatest, Allah is the greatest, Allah is the greatest. How perfect He is, The one Who has placed this (transport) at our service, and we ourselves would not have been capable of that, and to our Lord is our final destiny. O Allah, we ask You for *Birr* and *Taqwaa*¹ in this journey or ours,

¹⁻ Birr and taqwaa. Two comprehensive terms which individually. Refer to all good actions and obedience i.e. performing the commanded actions and avoiding the prohibited actions. When combined together, birr refers to doing those actions which have been commanded and taqwaa refers to avoiding those actions which have been prohibited.

and we ask You for deeds which please You. O Allah, facilitate our journey and let us cover its distance quickly. O Allah, you are The Companion on the journey and the Successor¹ over the family. O Allah, I take refuge with You from the difficulties of travel, from having a change of hearts and being in a bad predicament, and I take refuge in You from an ill fated outcome with wealth and faimly.²



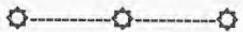
It is narrated that the prophet (B) said:

"The best of all *Dua's* is that asked on the *Youm-e-Arafah* and the best said is what I have said and that said by the Prophets who came before me; that is:

^{1 -} One who succeeds another due to the latter's absence.

²⁻ Muslim --- Dua'a for Travel.

"There is no god except Allah, He has no partner, praise and dominion belong to Him., He is Omnipotent."



The Messenger of Allah (48) used to say at times of hardship;

"There is no god but Allah the Magnificent Most Forbearing. There is no god but Allah the Rabb of the magnificent throne, there is no god but Allah the Rabb of the seven skies, the Rabb of the earth and the Generous Rabb of the throne.²

The Messenger of Allah () also used to say:

¹⁻ Tirmdhi.

²⁻ Bukhari & Muslim.

مَعَادي واجعل الحياة زِيادَةً لِي فِيْ كُلِّ خَيْرٍ واجْعَـلِ اَلمـوتَ راحةً لي مِنْ كُلِ شَرٍ))

"O Allah! Make good my religion because it is my protection, redress my life in which is my livelihood and make good my Hereafter because it is the place where I return to and make my life to increase every good thing and make death as a solace from every evil."

The Prophet (蘇) used to say:

"O Allah! I ask you guidance, piety, modesty and satisfaction."2

The Prophet (also used to say:

^{1.} Muslim.

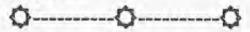
^{2.} Muslim.

O Allah! I seek refuge in you from the missing of your favour, missing of healthfulness, falling of a sudden misfortune and all kinds of your wrath.¹



The Prophet (38) also used to say:

O Allah! You are the Manager of hearts, manage our hearts to obey you." ²



The Prophet () also used to say:

اللَّهُمَّ أَنْتَ رَبِي لاَ إِلَهَ إِلاَ أَنْتَ خَلَقْتَنِي وَأَنَا عَبْدُكَ، وَأَنَا عَلَى عَهِدُكَ وَوَعْدِكَ مَا اسْتَطَعْتُ أَعُوْذُبِكَ مِنْ شَر مَاصَنَعْتُ، أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ، وَأَبُوءُ بِذَنْبِي، فَاغْفِرلِي فَإِنَّهُ لاَ يَغْفِرُ الذُّنُوبَ إِلاَ أَنْتَ.

O Allah, You are my Rabb (Lord) none has the right to be worshipped except You. You created me and I am Your abd (Slave) and I abide to Your covenant and promise as best I can, I take

^{1.} Muslim.

^{2.} Muslim.

refuge in You from the evil of which I have committed. I acknowledge Your favour upon me and I acknow-ledge my sin, so forgive me, for verily none can forgive sin except You.'1



The Prophet (辦) also used to say:

O Allah! Forgive me my sins and my ignorance as well as my extravagance in affairs and everything that you know better than me. O Allah forgive me my jesting and my seriousness, my intentions and my mistakes and everything with me."²



^{1.} Bukhari.

^{2.} Bukhari.

The Prophet (also used to say:

O Allah I did much injustice to myself and nobody forgives sins except You. O Allah! forgive me my sins and bestow your mercy on me for you are the Forgiver, the Merciful."



The Prophet () also used to say:

"Our Rabb! Give us which is good in this life and give us good in the Hereafter and protect us against the torment of the fire."

(2:102)

^{1.} Bukhari & Muslim.

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